

DIVISIONS

OPEN MEN'S BB

6 CLASSES 1st - 5th & Overall
 BANTAM WEIGHT Up To - 143 1/4
 LIGHTWEIGHT 143 1/2 - 154 1/4
 MIDDLEWEIGHT 154 1/2 - 176 1/4
 LIGHT HEAVYWEIGHT 176 1/2 - 198 1/4
 HEAVYWEIGHT 198 1/2 - 225 1/4
 SUPERHEAVYWEIGHT 225 1/2 - OVER

JUNIOR MEN'S BB

2 CLASSES 1st - 5th & Overall
 LIGHTWEIGHT Up To - 176 1/4
 HEAVYWEIGHT 176 1/2 - OVER

TRUE NOVICE MEN'S BB

1 CLASS 1st - 5th

TEEN'S BB

1 CLASS 1st - 5th

MASTER MEN'S BB 40+

2 CLASSES 1st - 5th & Overall
 LIGHTWEIGHT Up To - 176 1/4
 HEAVYWEIGHT 176 1/2 - OVER

MASTER MEN'S BB 50+

1 CLASS 1st - 5th

MASTER MEN'S BB 60+

1 CLASS 1st - 5th

WHEELCHAIR BB

1 CLASS 1st - 5th

OPEN WOMEN'S BB

1 CLASS 1st - 5th

MASTER WOMEN'S BB 35+

1 CLASS 1st - 5th

OPEN FIGURE

4 CLASSES 1st - 5th & Overall
 A Up To & INCL. 5'2"
 B OVER 5'2" - 5'4"
 C OVER 5'4" - 5'6"
 D OVER 5'6"

TRUE NOVICE FIGURE

1 CLASS 1st - 5th

JUNIOR FIGURE

2 CLASSES 1st - 5th & Overall
 A Up To 5'4"
 B OVER 5'4"

MASTER FIGURE 35+

2 CLASSES 1st - 5th & Overall
 A Up To 5'4"
 B OVER 5'4"

MASTER FIGURE 40+

1 CLASS 1st - 5th

MASTER FIGURE 50+

1 CLASS 1st - 5th

OPEN BIKINI

4 CLASSES 1st - 5th & Overall
 A Up To & INCL. 5'2"
 B OVER 5'2" - 5'4"
 C OVER 5'4" - 5'6"
 D OVER 5'6"

TRUE NOVICE BIKINI

2 CLASSES 1st - 5th & Overall
 A Up To 5'4"
 B OVER 5'4"

MASTER BIKINI 35+

2 CLASSES 1st - 5th & Overall
 A Up To 5'4"
 B OVER 5'4"

MASTER BIKINI 40+

2 CLASSES 1st - 5th & Overall
 A Up To 5'4"
 B OVER 5'4"

OPEN MEN'S PHYSIQUE

4 CLASSES 1st - 5th & Overall
 A Up To 5'6"
 B OVER 5'6" - Up To 5'8"
 C OVER 5'8" - Up To 5'10"
 D OVER 5'10"

TRUE NOVICE MEN'S PHYSIQUE

2 CLASSES 1st - 5th & Overall
 A Up To 5'8"
 B OVER 5'8"

MASTER MEN'S PHYSIQUE 35+

2 CLASSES 1st - 5th & Overall
 A Up To 5'8"
 B OVER 5'8"

MASTER MEN'S PHYSIQUE 45+

1 CLASS 1st - 5th

OPEN MEN'S CLASSIC PHYSIQUE

2 CLASSES 1st - 5th **NEW**
 A Up To 5'7"
 B OVER 5'7"

All Height & Weight Limits Apply:
www.npcnewonline.com/classic-physique

MASTER MEN'S CLASSIC PHYSIQUE 35+

1 CLASS 1st - 5th **NEW**
 All Height & Weight Limits Apply:
www.npcnewonline.com/classic-physique

MASTER MEN'S CLASSIC PHYSIQUE 45+

1 CLASS 1st - 5th **NEW**
 All Height & Weight Limits Apply:
www.npcnewonline.com/classic-physique

OPEN WOMEN'S PHYSIQUE

2 CLASSES 1st - 5th & Overall
 A Up To 5'6"
 B OVER 5'6"

MASTER WOMEN'S PHYSIQUE 35+

1 CLASS 1st - 5th

**EVENT & HOTEL
LOCATIONS**

MAIN EVENT: KNIGHT THEATER
 430 S. Tryon Street, Charlotte, NC 28202
 Box Office: 704.372.1000

**MAIN HOST HOTEL: RESIDENCE INN
CHARLOTTE UPTOWN HOTEL**
 404 S. Mint Street, Charlotte, NC 28202
 704.340.4000

Booking Discount: mention "Mid-Atlantic Classic" by 9/23/16

FRIDAY, OCTOBER 14, 2016

5:30 - 8:30pm Early Weigh-Ins
 - Located at RESIDENCE INN, Charlotte, NC
 - Competition Suit Must Be Worn For Weigh-Ins

SATURDAY, OCTOBER 15, 2016

7:15 - 8:30am Athlete Check-In & Weigh-In at Theater
 8:30 - 9:00am Athlete Meeting
 10:00am Prejudging
 5pm Athlete Meeting
 6pm Finals

PURCHASE: WWW.CAROLINATIX.ORG
BOX OFFICE: (704) 372-1000

PREJUDGING 10:00AM (General Admission) \$25
 - Children Under 10 for Prejudging \$15
FINALS 6:00PM (Reserved Seating) \$55, \$45, \$35
 - Children Under 10 for Finals \$25

BACKSTAGE PASSES \$125

- Limited Availability
 - Trainers, Friends & Family Members Can Have Full Access to the Backstage to Assist Your Competitor
 - Includes (1 - \$25) Prejudging & (1 - \$35) Finals Tickets

ENTRY FEE \$80.00
 Late Fee (after October 8, 2016) \$25.00
 Crossovers (Masters & Novice Only) \$75.00
2016 NPC CARDS \$125.00

- Available for Purchase at Weigh-Ins
 - Available for Purchase Online at NPCNewsOnline.com
 - Must Show Proof of Purchase if Purchased Online

OPEN - Open to Any NPC Athlete
JUNIOR - Open to Any Competitor Who Has Not Won His or Her Class in an Open Division & Who Has Not Won the Overall in a Junior Division
MASTERS - Must Be at Least 35, 40, 45, 50 or 60 Years of Age or Older as of October 15, 2016 (Proof of Age is Required)
TRUE NOVICE - For First Time NPC Competitors Only
TEEN - Eligible From 16 Years Old Until the Day Prior to 20th Birthday. Must Be At Least 16 Years Old to Compete (Proof of Age is Required)

- **CROSSEVERS** - Available only for MASTERS & NOVICE divisions & from FIGURE to FITNESS (or vice versa). All MASTERS competitors can crossover into other master's categories that they qualify for within their division
 - All Contestants Must Supply Their Own Music
 - Music Required ONLY for Bodybuilding, Women's Physique & Classic Men's Physique
 - Posing Music Must Be on a CD & Brought to Check-Ins Friday Night
 - Posing Music for Finals Must Be No Longer Than 60 Seconds
 - Posing Music Must Be at the Beginning of the CD & Contain No Vulgarity
 - Music is Not Used During Pre-Judging
 - Please Email Music Files to kpthornhill@gmail.com Complete with Contest Name and Divisions of Competition
 - Competition Suits Must Be Worn At Weigh-Ins
 - No "T" Back Suits
 - Bikini Suits Must Be In Good Taste. Minimum 50% Glute Coverage
 - Bikini Contestants - Recommended You Bring 2 Suits
 - Approved & Official Classic Physique Shorts: npc-wear.com/product_detail.cfm?id=344

**SCHEDULE
OF EVENTS**

TICKETS

**ENTRY FEE &
NPC CARDS**

ELIGIBILITY

**RULES
NCPNPC.COM**

ONLINE REGISTRATION!
www.mainstagemuscle.com

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 KEVIN DEHAVEN (704) 661 - 5142 kdprep@gmail.com